

Creating Social Stories

A step-by-step quick guide

A social story prepares your child for a situation before it happens, page by page, with your child in every picture. This guide shows the four ways to create one:

1. Help Me Create One — pick a topic and the Story Builder writes it for you

2. Write My Own — full control: your words, your title, your cover

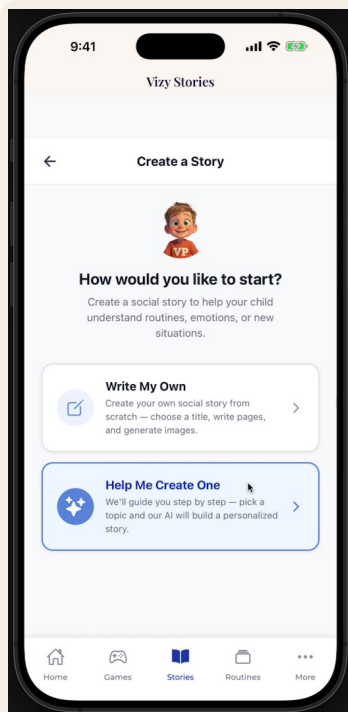
3. From the Game — build a story right where your child plays it

4. Ask Vizy Copilot — describe the situation from the Home screen

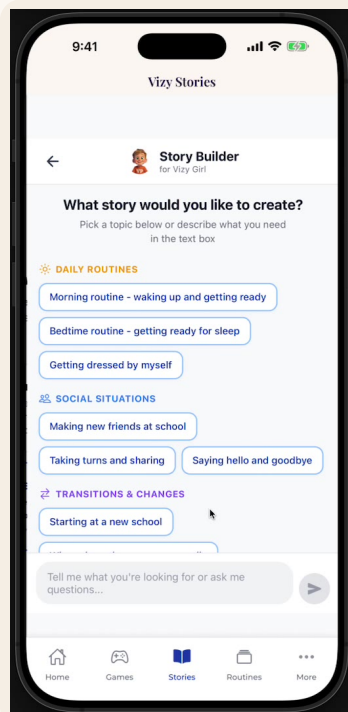
Every story lands in the Stories tab with read-along pages, narration, and a "You did it!" celebration at the end.

Help Me Create One (Story Builder)

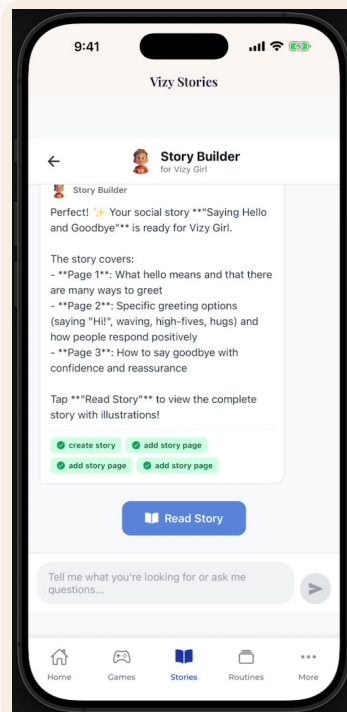
- 1 Go to the Stories tab, tap the + button, then tap "Help Me Create One."
- 2 Pick a topic: Daily Routines, Social Situations, Transitions & Changes, or Emotions & Coping — or describe what you need in the text box.
- 3 The Story Builder writes the story and draws every page with your child in it.
- 4 Tap "Read Story" to read it together. Arrows turn the pages, the speaker reads aloud, and the end celebrates with "You did it!"



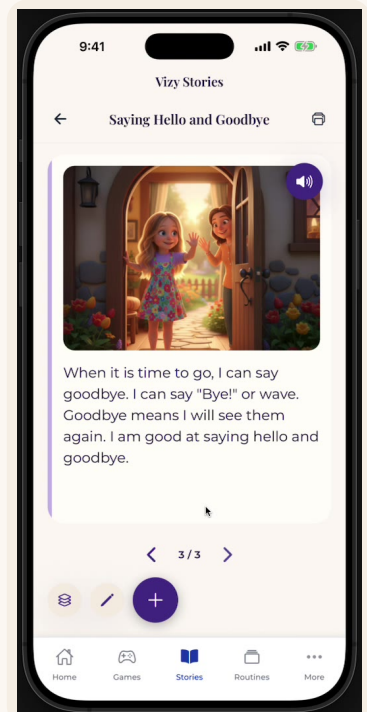
1 · Choose "Help Me Create One"



2 · Pick a topic or describe it



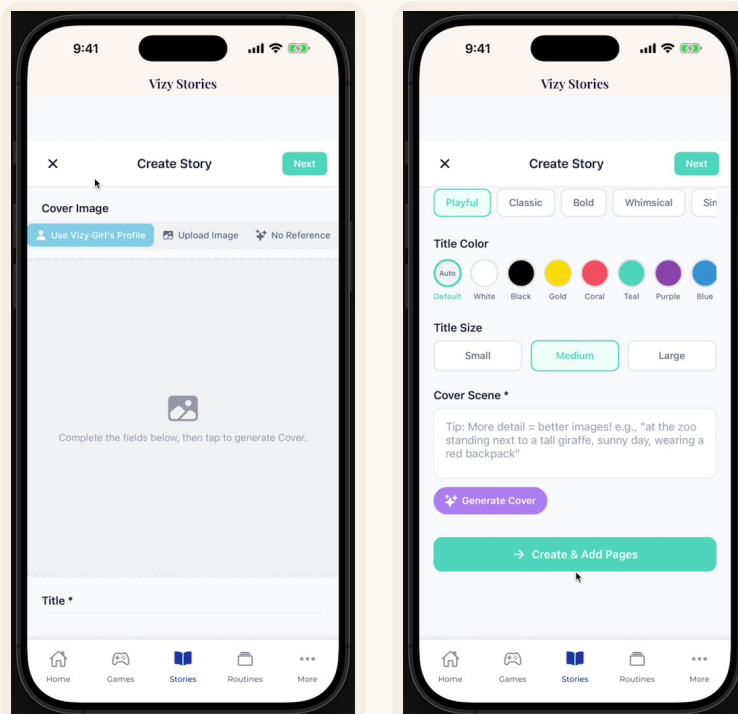
3 · Story ready — tap "Read Story"



4 · Read together, then celebrate

Write My Own

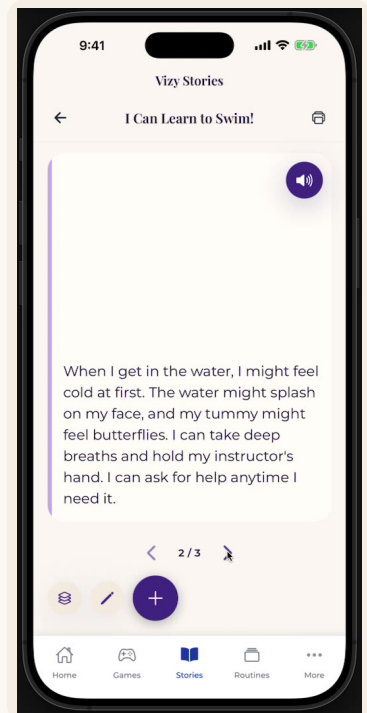
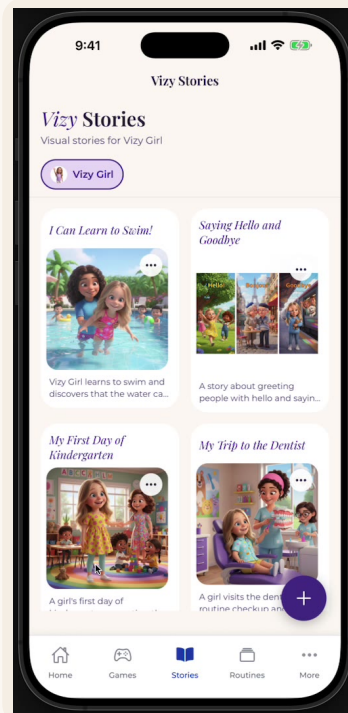
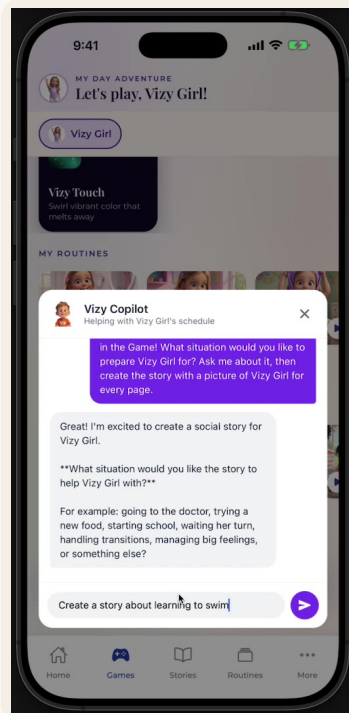
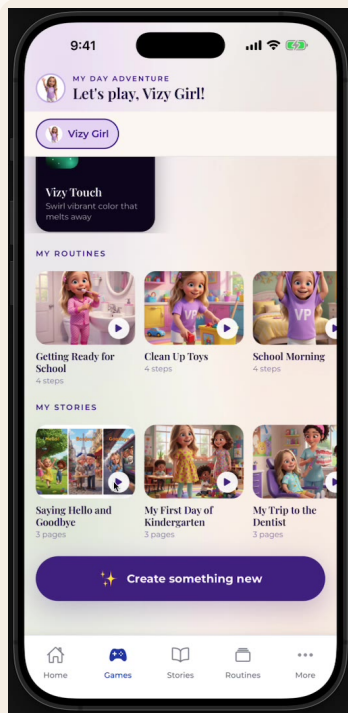
- 1 Go to the Stories tab, tap the + button, then tap "Write My Own."
- 2 Choose the cover image source: your child's profile picture, an uploaded photo, or no reference.
- 3 Enter a title and pick its style, color, and size. Describe the cover scene (more detail = better pictures) and tap "Generate Cover."
- 4 Tap "Create & Add Pages," then write each page and generate its picture the same way.



2 · Pick the cover image source 3 · Title style + cover scene, then Generate

From the Game

- 1 On the Games tab, tap "Create something new" and choose "Social Story."
- 2 Vizzy asks what situation to prepare for. Describe it in your own words: "Create a story about learning to swim and navigating the scary parts."
- 3 Vizzy writes the pages, draws your child into each one, and the story is ready to read or play right from the Game.



1 · "Create something new" → Social Story

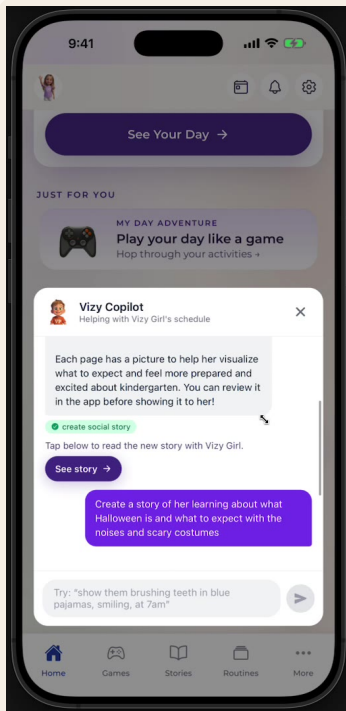
2 · Describe the situation

3 · Story ready — tap "See story"

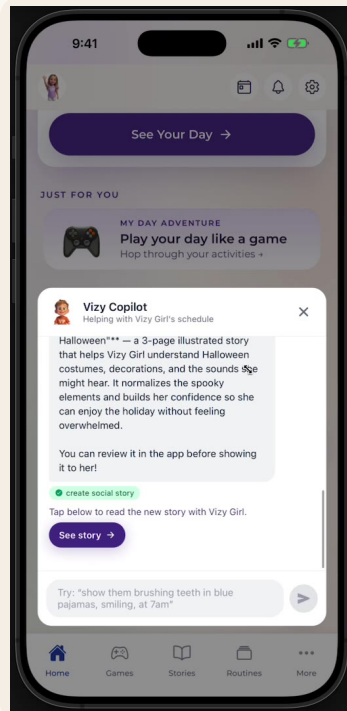
Reading "I Can Learn to Swim!"

Ask Vizy Copilot from Home

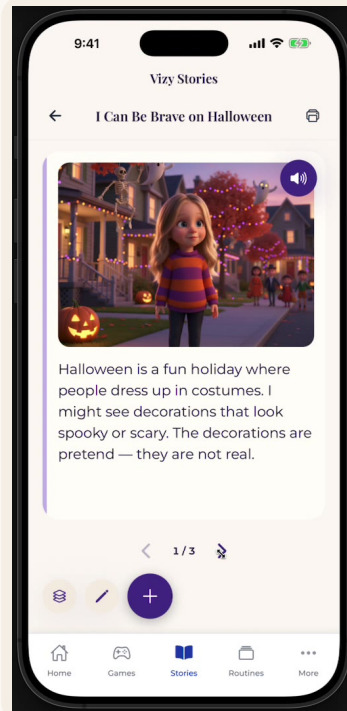
- 1 On the Home screen, open Vizy Copilot (the Vizy Boy helper).
- 2 Describe the situation you want to prepare for, in plain words: "Create a story of her learning about what Halloween is and what to expect with the noises and scary costumes."
- 3 Vizy writes and illustrates the story, then tells you what each page covers so you can review it before showing your child. Tap "See story" to open it.



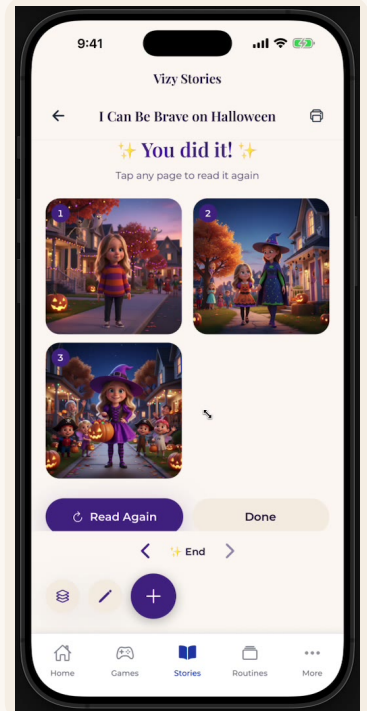
2 · Describe the situation



3 · Review the summary, tap "See story"



"I Can Be Brave on Halloween"



The recap — tap any page to re-read

Tips for great social stories

Read it yourself first.

Vizy summarizes every page it wrote, so you can review the story before showing it to your child and regenerate anything that does not fit.

Be specific about the worry.

The best stories name the hard part: "the noises and scary costumes," "the water splashing." Vizy validates the feeling and gives a coping step.

Read together, out loud.

Tap the speaker on any page for narration. The "You did it!" ending gives the story a win your child will want to repeat.

Use it BEFORE the situation.

Social stories work best as preparation: read the Halloween story in the days before Halloween, the swim story before the first lesson.

Every story is re-readable and editable.

Stories live in the Stories tab. Tap the pencil on a page to change words or redraw the picture.

Built by an autism dad and a licensed SLP. Questions? support@vizyplan.com