

Creating Routines

A step-by-step quick guide

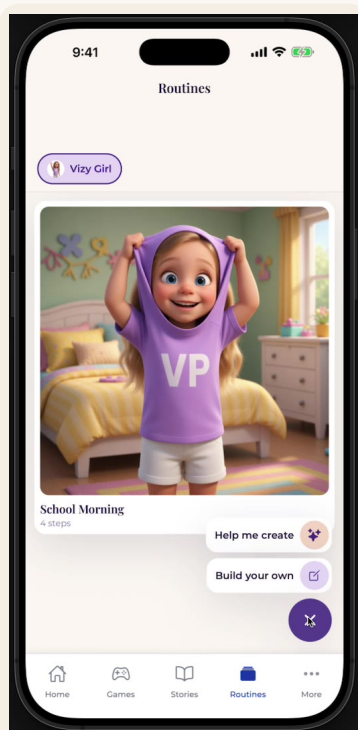
A routine turns any part of the day into step-by-step pictures of your child doing each step. This guide shows the four ways to create one:

1. Help me create — pick a ready-made routine and Vizy draws every step
2. Build your own — type your own steps, Vizy illustrates each one
3. Ask Vizy Copilot — describe the routine in chat, in your own words
4. From the Game — build a routine right where your child plays it

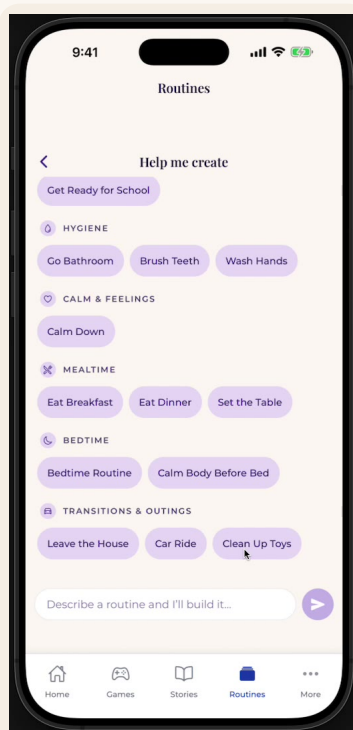
Every method ends the same way: the routine appears in the Routines tab with a picture of your child for every step, and it's instantly playable in the Game.

Help me create (ready-made routines)

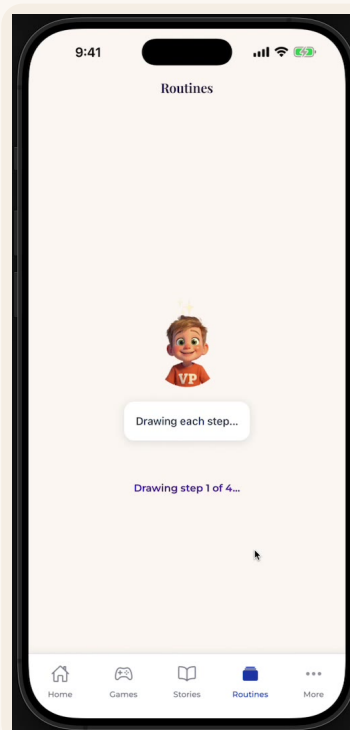
- 1 Go to the Routines tab and tap the + button in the bottom corner.
- 2 Tap "Help me create." You will see ready-made routines grouped by category: Hygiene, Calm & Feelings, Mealtime, Bedtime, and Transitions & Outings.
- 3 Tap the one you want (for example "Clean Up Toys"), or describe your own in the text box at the bottom.
- 4 Vizy draws each step with a picture of your child. When it finishes, the full routine opens with every step illustrated.



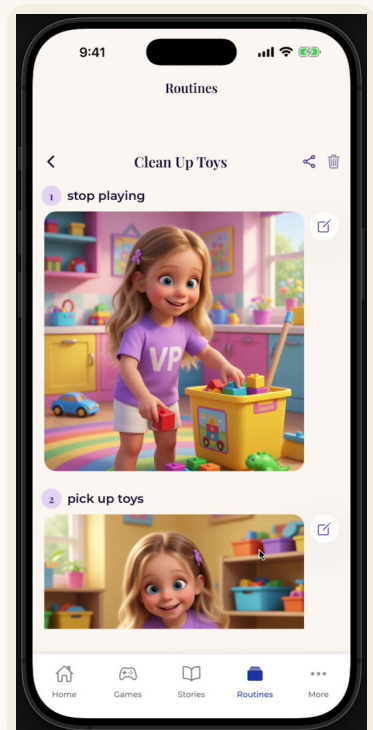
1-2 · Tap + then "Help me create"



3 · Pick a ready-made routine



4 · Vizy draws each step



Done · every step has a picture

Build your own

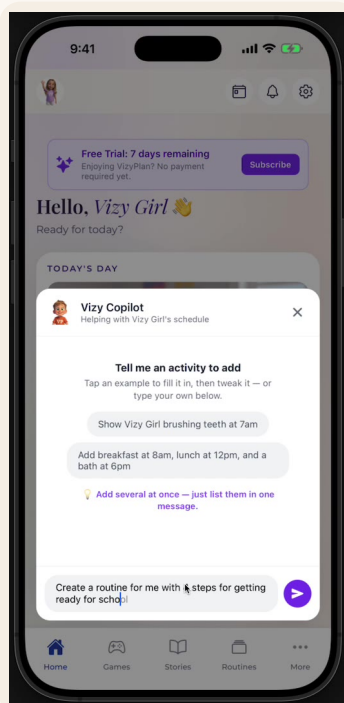
- 1 Go to the Routines tab and tap the + button, then tap "Build your own."
- 2 Name the routine and type each step in order (short and concrete works best: "stop playing," "pick up toys," "put them in the bin").
- 3 Vizy illustrates each step with your child in it as the routine is created.
- 4 Need another step later? Open the routine and tap "+ Add step" at the bottom. Tap the pencil on any step to edit or redraw its picture.



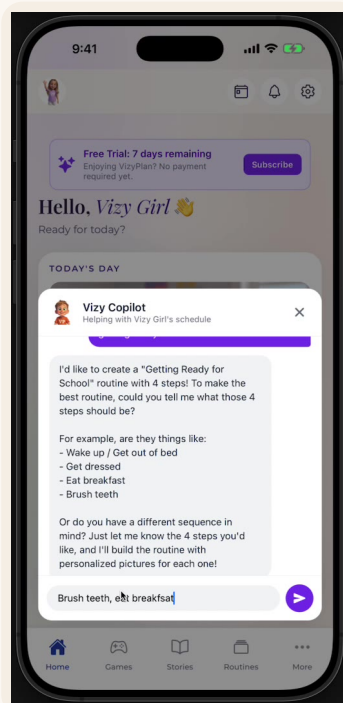
1 · Tap + then "Build your own" 4 · "+ Add step" grows the routine anytime

Ask Vizy Copilot

- 1 On the Home screen, open Vizy Copilot (the Vizy Boy helper).
- 2 Type what you want in plain words, for example: "Create a routine for me with 4 steps for getting ready for school."
- 3 Vizy may ask what the steps should be. List them in one message: "Brush teeth, eat breakfast, leave for school, ride the bus."
- 4 Vizy builds the routine and draws every step. Tap through to the Routines tab to see it: each step in its own place, same kid, same outfit story.



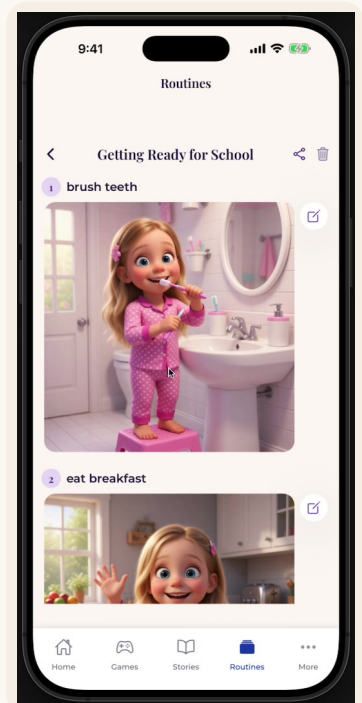
2 · Ask in your own words



3 · List the steps in one message



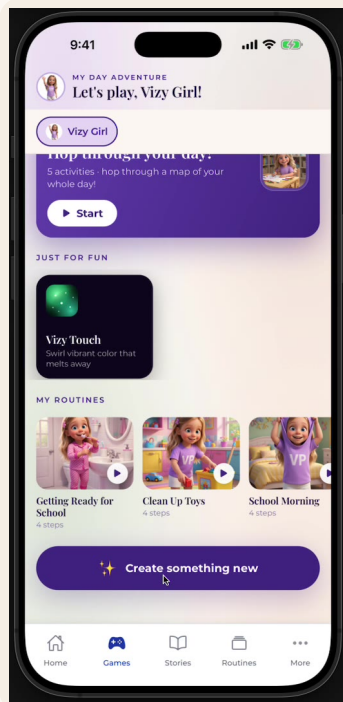
4 · Vizy confirms the routine



Done · pictures land in Routines

From the Game

- 1 On the Games tab, tap "Create something new" and choose Routine.
- 2 Vizi Copilot opens in game mode. Tell it the routine name and the steps, and it builds the routine with a picture of your child for every step.
- 3 The routine becomes a playable adventure map: your child taps each spot, marks it done, and earns points to the Day Complete trophy.



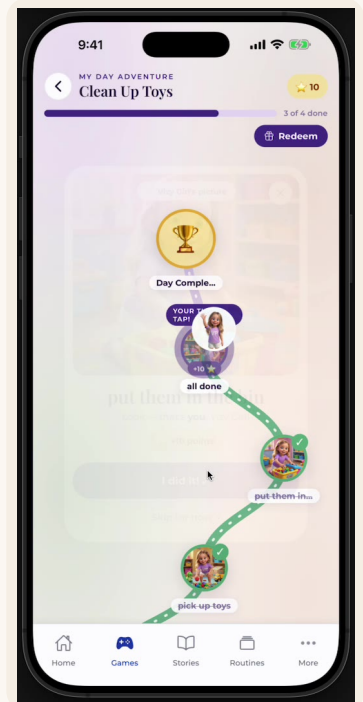
1 · "Create something new" in Games



2 · Tell Vizi the name and steps



3 · The routine becomes a map



Each step earns points

Tips for great routines

Pictures paint in the background.

A brush and progress ring mean Vizy is still painting; each picture pops in as it finishes. You can leave the screen and come back.

Keep steps short and concrete.

One action per step ("brush teeth"), 4-5 steps to start. You can always add more later.

Same room, same story.

Steps that happen in the same place are drawn in the same room, so the routine reads like one continuous story of their day.

Every routine is playable.

Anything you build shows up in the Game as an adventure map with points and a trophy, which is where completion habits are built.

Print it or share it.

Open a routine and use the share icon to send it to school, therapy, or a co-parent.

Built by an autism dad and a licensed SLP. Questions? support@vizyplan.com